

Rise and shine with our delicious breakfast dishes. Served from 9 - 11:30am

Farmhouse Breakfast £5.49

1 free-range egg, 1 Ty Siriol Welsh sausage, 1 rasher of cured Welsh bacon, sautéed mushrooms, grilled tomatoes and baked beans. Served with a choice of toast and Welsh butter. Gluten free roll available. E

Breakfast Mawr £8.99

2 free-range eggs, 2 Ty Siriol Welsh sausages, 2 rashers of cured Welsh bacon, portion of sautéed mushrooms, grilled tomatoes and baked beans. Served with a choice of toast and Welsh butter. Gluten free roll available. E

Eggs Benedict £4.49

Toasted English muffin topped with 2 free-range eggs, cured Welsh bacon and freshly made hollandaise sauce. E SD

Fully Loaded Breakfast Bap £3.99

1 free-range egg, 2 rashers of Welsh bacon and 1 Ty Siriol sausage served in a bap or gluten free roll. E

Welsh Rarebit on Toast £4.99

2 slices of thick cut, toasted granary bread topped with Welsh cheddar, mustard and local ale sauce. Served with a homemade chutney relish. (v) MU

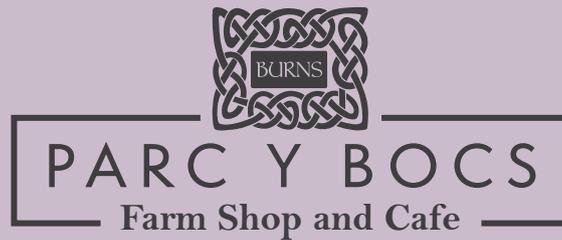
Toasted Tea Cake £1.99

Toasted tea cake served with Welsh butter and preserves. (v) SD

Toast £1.99 (v)

2 slices of granary or white toast served with Welsh butter. Add homemade jam for 50p.

BREAKFAST & BRUNCH



*Enjoy a range of mouthwatering main meals designed for those with a hearty appetite.
Served from 12 - 4.*

Seasonal Soup of the Day £3.99

Homemade soup made using seasonal vegetables grown in our market gardens. Served with a thick slice of granary bread and Welsh butter.

Ask your server for today's choice.

Ultimate Mac and Cheese £5.99

Fresh macaroni pasta covered in Welsh cheddar sauce and topped with a herb crust.

Served with a garlic ciabatta. (v)

Loaded Jacket Potato £5.99

An oven baked jacket potato loaded with 2 delicious toppings.

Choose from: tuna-mayo, Welsh mature cheddar, baked beans, Penlan Farm roast turkey, Penlan Farm roast beef, home baked honey roast ham, homemade chutney or homemade coleslaw.

Parc Y Bocs Burger £9.50

Homemade Penlan Farm beef burger served in a brioche bun and topped with cheese, bacon, gherkins and tomato salsa. Served with

triple cooked chips and a side salad.

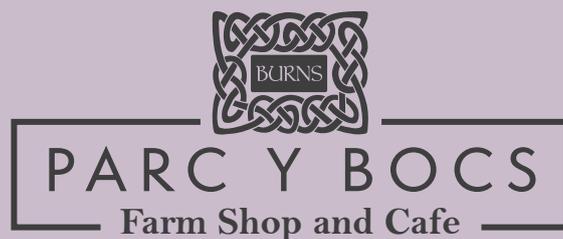
Spaghetti Bolognese £6.99

Homemade bolognese sauce made with 28 day matured Penlan minced beef and served with spaghetti.

Sweet Treats

Choose from a number of homemade cakes and desserts which change on a daily basis. Visit the dessert counter to see what's on offer today.

HOMEMADE MAIN MEALS



*Choose from granary bread or a ciabatta. Gluten free options are available.
All sandwiches are served with a salad garnish and Piper's Crisps.*

Parc Y Bocs Club Sandwich £5.95

Ask your server for this week's special – changes weekly. Served with salad garnish.

Chicken Caesar Ciabatta £4.95

Lettuce dressed with parmesan shavings and slices of fresh chicken breast in a seeded ciabatta. Served with salad garnish. E F N

Welsh Cheddar and Chutney Ciabatta £4.95 (v)

Homemade chutney relish, Welsh cheddar and lettuce served in a ciabatta. Served with salad garnish.

Welsh Cheddar and Red Onion Sandwich £3.95 (v)

Delicious Welsh cheddar and red onion served between granary bread. Served with salad garnish.

Honey Roast Ham Sandwich £3.95

Thick slices of home baked honey glazed ham and salad served between granary bread. Served with salad garnish.

HEALTHY AND HEARTY SALADS

Add some colour to your plate with our nourishing, fresh salads.

Beetroot and Goat's Cheese Salad £4.95 (v)

Beetroot, walnuts, goat's cheese and mixed leaves served with a balsamic glaze. E F MU

Ploughman's Salad £4.95 (v)

Applewood smoked cheddar, Perl Las blue cheese, homemade chutney, pickles, mixed salad. CL N SD

Chicken Caesar Salad £4.95

Chicken breast, parmesan shavings, lettuce, croutons. E F N

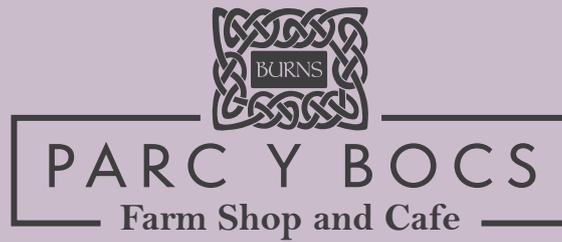
Sides:

Triple Cooked Chips **£2.50**

Side Salad **£1.95**

Homemade Garlic Ciabatta **£1.95**

SANDWICHES & SALADS



Homemade, fresh meals for the little chick in your life.

Breaded Chicken Goujons and Chips £3.59

Sliced chicken breast coated in breadcrumbs and served with triple cooked chips. E

Ty Syriol Sausage, Chips and Beans £3.59

Ty Siriol Welsh handmade sausage served with triple cooked chips and baked beans. M

Parc Y Bocs Mini Burger £3.59

A mini version of the Parc y Bocs Burger served with triple cooked chips. CL E SE

Spaghetti Bolognese £3.59

A mini version of our adult's spaghetti bolognese E M

Mini Mac & Cheese £3.59

A mini version of our adult's mac & cheese. E

LITTLE CHICKS MENU



PARCYBOCS

Farm Shop and Cafe

HOT DRINKS

Time for a brew? Choose from a selection of refreshing hot drinks. Our coffee is Fairtrade and we use organic espresso beans which are ground to order. Our tea is Welsh strength.

Tea £1.50

(Welsh Breakfast, Green Tea, Earl Grey, Mixed Berry, Indian Chai, Chamomile)

Americano £2.00

Black coffee. An espresso in long-form.

Cappuccino £2.40

Double shot of espresso, steamed milk foam.

Mocha £2.50

One shot of espresso topped with hot chocolate.

Latte £2.40

Single shot of espresso topped with steamed milk.

Flat White £2.40

Double shot of espresso with steamed milk

Babycino £1.50

A caffeine-free option for the little one. Warm foamed milk with chocolate sprinkles.

Espresso £1.40

Single shot of tamped coffee.

Double Espresso £1.90

Double shot of tamped coffee.

Syrups (Extra) £0.30

Choose from: Vanilla, Caramel, Hazelnut, Cinnamon, Raspberry and Peach

Hot Chocolate £2.40

Luxury cocoa powder with hot steamed milk and chocolate sprinkles.

Hot Chocolate Deluxe £2.90

Our hot chocolate recipe with added cream, mini marshmallows and chocolate sprinkles. Yum!

COLD DRINKS

We source a range of refreshing cold drinks from independent suppliers. Choose yours from the cold fridge.

ALCOHOL

In addition to our hot and cold drinks, we offer a selection of locally-sourced beer, cider and wine. The alcohol menu changes seasonally, so ask your server for a list of the current options.

DRINKS MENU



PARCYBOCS

Farm Shop and Cafe

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|--|--------------------------|--|-----------------------|
|  CL | Contains celery |  F | Contains fish |
|  GF | Cereal & Gluten Free |  SF | Contains shellfish |
|  E | Contains egg |  N | Contains nuts |
|  M | Milk free |  SE | Contains sesame seeds |
|  MU | Contains mustard |  SO | Contains soya |
|  SD | Contains sulphur dioxide |  L | Contains lupin |

ALLERGENS