

Breakfast

Served Monday to Saturday 10am - 11.30am • Sunday 10 - 11am

Parc y Bocs Breakfast £9.95

Pork sausage, Welsh bacon rashers, mini rostis, pan fried mushrooms, roasted tomato, baked beans & free-range egg.

Choice of white, granary or gluten free toast.

Parc y Bocs Vegan Breakfast £8.50

Veggie packed vegan sausage x2, roast tomato, mini rostis, pan fried mushrooms & baked beans.

Choice of white, granary or gluten free toast.

- A free-range egg £1.50
- Scrambled egg £2.50

Add extras to your breakfast:

- Bacon £1.50
- Beans £1.50
- Sausage **£1.50**
- Avocado £1.50
- Egg **£1.50**
- Scrambled £2.50

Children's Breakfast £5.95

Served with bacon, sausage, mini rostis with fried egg, beans and toast. (veggie sausage available).

Eggs Benedict £8.95

Toasted muffin with Welsh bacon, two poached eggs and a rich hollandaise sauce.

Eggs Florentine £8.50

Toasted muffin with spinach, two poached eggs and a rich hollandaise sauce.

Porridge Oats £3.50

With Parc y Bocs honey

Please advise your server of any special dietary requirements, including intolerances and allergies.

On Toast

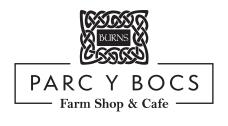
- 2 free range eggs, poached, fried or scrambled £4.95
- Beans on toast £3.25
- Smashed avocado on toast £3.95
- One slice of toast with butter £1.00
- Toasted tea cake with Welsh butter £2.25
- Jam or marmalade portion 65p

Rolls

- Bacon in a bap £4.50
- Pork sausage in a bap **£4.50** (veggie option available)
- Fully loaded bap £5.95 (bacon, sausage and fried egg)







Main menu

Served Monday to Saturday 12pm - 3.30pm • Sunday 12pm - 2.30pm

Hunter's Chicken £11.50

Oven-cooked chicken breast and bacon topped with Welsh cheddar cheese covered in BBQ sauce. Served with chips and garden peas.

Chicken Burger £9.95

Whole battered chicken breast served in a brioche roll, with lettuce, tomato and topped with mayonnaise. Served with fries and burger relish.

Beef Burger £9.95

Prime beef burger served in a brioche roll, with lettuce, tomato and topped with mayonnaise.
Served with fries and burger relish.

Parc y Bocs Burger £12.25

Our signature premium burger, available with beef or battered whole chicken breast served in a brioche roll, with lettuce, tomato and topped with Welsh bacon and cheddar cheese finished with two onion rings.

- ~ Burgers served with fries and burger relish
- ~ Add BBQ pulled pork to any burger for £1

Bangers and Mash £9.25

3x sausages served on a bed of buttered mash, peas and gravy. **Veggie option available**.

Scampi & Chips £10.95

A helping of scampi served with mushy peas, salad garnish and chips.

Battered Cod & Chips £12.50

Home battered cod served with mushy peas & chips.

Mac & Cheese £8.50

Home cooked macaroni cheese served with garlic bread.

Add chicken £2.50 • Add Bacon £2

Lasagne £10.95

Traditional lasagne served with a dressed salad garnish and garlic ciabatta.

Steak & Ale Pie £9.95

Short crust pastry pie served with chips or mash, peas and gravy.

Creamy chicken florentine £9.95

Penne pasta topped with creamy chicken & spinach sauce

Vegan Options

All served with chips, peas and salad garnish.

- Creamy Cashew, Pea & Mushroom Pie £10.50
- Vegan Lasagne Served With Salad £10.50
- Vegan Sausage Rolls (two oven-cooked vegan rolls served with a house salad) £10.50

Light Bites

Homemade Soup of the Day £5.95

Served with a slice of premium bread.

Pâté & Chutney with Toast £6.50

A generous portion of pâté served with toasted bread and a side of chutney.

Parc y Bocs Nachos £6.50

Cheese, bacon, BBQ sauce topped Nachos, finished with jalapeños.

Battered Chicken Balls £6.50

5 battered chicken balls served with sweet chilli sauce and salad garnish.





Main menu

Served Monday to Saturday 12pm - 3.30pm • Sunday 12pm - 2.30pm

Salads

Traditional Caesar £6.95

Add chicken £2.50 • Add bacon £2.00

Beetroot and Feta £7.50

Prawn Marie Rose £8.50

Prawns tossed in a Marie rose sauce served on a bed of salad.

Jacket potato

All served with salad garnish

- Roast Ham £5.95
- Homemade Coleslaw £5.95
- Welsh Cheddar £6.95
- ∙ Tuna Mayonnaise £6.95
- Baked Beans £5.95
- Chicken Tikka £6.95
- BBQ pulled pork £6.95

Extras: Cheese/ Beans/Coleslaw £1.50 Vegan Cheese Available

Sandwiches

Served with slaw and mixed-leaf garnish

Pick from ciabatta, white or granary bread, gluten free bread also available.

- Bacon, Lettuce & Tomato £5.95
- Bacon Brie & Cranberry £6.95
- · Ham Salad £5.95
- Tuna Mayonnaise £6.95
- Cheese & Onion £5.95
- Chicken Tikka Mayonnaise £6.95
- Beetroot & Avocado £5.95
- BBQ pulled pork £6.95

Children's menu

All children's meals are served with a choice of chips or mash*, a carton of orange, apple or mixed berries juice

- Sausage (x2) £4.95
- Vegan Sausage (x2) £4.95
- Fish Fingers (x3) £4.95
- Chicken Goujons £4.95
- Mac & Cheese £4.95 *(chips/mash not included)

Sides

- Chips £3.50
- Sweet Potato Fries £3.75
- Garlic Bread £2.25
- · Coleslaw £2.00
- Onion rings £3.50
- BBQ pulled pork £2.50

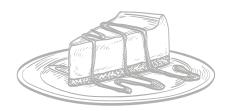
Specials

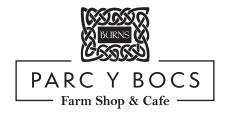
Please see our specials boards for:

- · Soup of the day
- · Curry of the day
- Chef's specials

All our seasonable vegetables and salads come from our kitchen gardens whenever possible.







Sweet treats

We have a selection of cakes situated at the cafe bar.

They include vegan and gluten-free options.

We also have a selection of desserts in the restaurant display fridge and on our specials boards.



Soft drinks

- · Coca Cola £1.95
- Diet Coke **£1.95**
- Coke Zero **£1.95**

Cawstons

- Rhubarb £1.95
- Apple £1.95
- Elderflower £1.95
- Ginger Beer £1.95

San Pellegrino

- Blood Orange £1.95
- Lemon £1.95
- Grapefruit £1.95

Water

• Still or sparkling £1.50

Juice

• Orange, Apple or Cranberry £1.50

Hot drinks

Americano £2.95

Double shot of espresso, topped with hot water, black with side of hot milk

Cappuccino £3.05

Double shot of espresso, with foamy, steamed milk

Flat white £3.05

Double shot of espresso, equal amounts of silky, steamed milk

Café latte £3.05

Single shot of espresso, topped with silky, steamed milk

Hot drinks

Mocha £3.05

Single shot of espresso, topped with hot chocolate

Espresso £2.75

Double shot espresso

Iced Latte £3.05

Single shot of espresso, topped with cold milk, ice. Decaffeinated available.

Hot Chocolate £3.05

Hot Chocolate Deluxe £3.55

Syrups 85p

Caramel, Cinnamon, Hazelnut, Vanilla, chai, salted caramel. Sugar free syrups available.

Milk Alternatives 45p

Soya, almond, oat

Welsh Brew tea £2.50

Decaffeinated tea £2.50

Earl Grey £2.50

Herbal teas £2.60

Peppermint, Green Tea, Super Fruit, Chamomile, Lemon & Ginger

Children's drinks

Apple, orange or fruits of the forest carton £1.25
Strawberry or chocolate milkshake £1.50

Squash £1.00



Alcoholic drinks



Single shot of spirit £3.95

Brecon gin, Bombay Sapphire gin, Bacardi, Penderyn whisky, Jack Daniel's, Brecon vodka, Tanners port

Mixers

Tonic/soda water £2.50
Coke/Diet Coke £1.95

Apple, Orange, Cranberry Juice £1.50

We also offer a selection of locally sourced beer, cider and wine.

Wine

By the 187ml bottle

White wine

Jack RabbitPinot Grigio 12% £4.25
Sauvignon Blanc 13% £4.25
Chardonnay £4.25

Red wine

Jack Rabbit Merlot 13% £4.25 Shiraz 13% £4.25

Rosé

White Zinfandel 10.5% £4.25



Wine

By the 75cl bottle

White wine

Jack Rabbit Chardonnay £18.00

Jack Rabbit Pinot Grigio £17.00

Red wine

La Cabanne Reserve
Grenache/ syrah £17.00
Vega Tinto Rioja (Spain) £18.00

Rosé

Jack Rabbit
White Zinfandel (USA) £17.00

Beer & cider

Stella Artois 330ml 4.8% £3.95

Peroni 330ml 4.7% £3.95

Gower Lighthouse 500ml £4.50

Gower Gold Ale 500ml 4.5% **£4.50**

Gower Power Ale 500ml 4.5% **£4.50**

Gwynt y Ddraig Cider 500ml 6.5% £4.50

Gwynt y Ddraig Orchard Cider **£4.50**

