PARC Y BOCS

All dishes are produced in a kitchen that handles gluten and nuts

DISHES	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
BREAKFAST														
PYB Breakfast		√ Wheat Barley		√			√						√	√
XL PYB Breakfast		√ Wheat Barley		√			√						√	√
Veggie Breakfast		√ Wheat Barley										**MAY**		
Bacon Bap		√ Wheat Barley					√			**MAY** Almond, Hazelnut, Cashew		**MAY**		
Sausage Bap		√ Wheat Barley					√			**MAY** Almond, Hazelnut, Cashew		**MAY**	√	√
*Veggie Sausage Bap		√ Wheat										**MAY**		
Fully Loaded Bap		√ Wheat		√ Wheat			√			**MAY** Almond, Hazelnut, Cashew		**MAY**	√	√
Eggs Benedict		√ Wheat		√			√		√			**MAY**	√	
Toast & Jam		√ Wheat Barley		√			√		√	√	√	√		√
DISHES	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
BRUNCH														
Beef Burger		√ Wheat		√			√							√
Chicken Burger		√ Wheat		√			√						√	
Veggie Burger														
PYB Beef Burger		√ Wheat		√			√		**MAY**				√	√
PYB Chicken Burger		√ Wheat		√			√		**MAY**				√	√
PYB Veggie Burger		√ Wheat												
Pie of the day Beef	**MAY**	√ wheat Barley		√	√		**MAY**						√	√
Pie of the day Chicken	**MAY**	√ wheat Barley		√	√		**MAY**						√	√
Pie of the day Veggie	**MAY**	√ wheat Barley		√	√		**MAY**			√ Cashew			√	√
Fish and Chips		√ Wheat		**MAY**	√		**MAY**						**MAY**	
scampi and chips		√ Wheat	√		**MAY**			**MAY**	√					
sausage and mash		**MAY** wheat		**MAY**			√						√	√
chicken Hoi Sin noodles														
DISHES	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
SALADS														
Chix, Bacon & onion salad		√					√						√	√
Beetroot and feta salad							√							√
SOFT DRINKS														
Soup		√ Wheat Barley												
Loaded seasoned fries														
BBQ chicken balls		√ Wheat							√					
SANDWICHES														
Toasted B.L.T White		√ Wheat					√ Butter		√				**MAY**	
Toasted B.L.T Granary		√ Wheat Barley					√ Butter		√				**MAY**	
Tuna Mayo Sandwich White		√ Wheat		√	√		√ Butter		√				**MAY**	
Tuna Mayo Sandwich Granary		√ Wheat Barley		√	√		√ Butter		√				**MAY**	
DISHES	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Cheese and Onion sandwich White		√ Wheat					√ Butter Cheese		√				**MAY**	
Cheese and Onion sandwich Granary		√ Wheat Barley					√ Butter Cheese		√				**MAY**	
Ham Salad sandwich White		√ Wheat		**MAY**			√						**MAY**	
Ham Salad sandwich Garnary		√ Wheat Barley		**MAY**			√						**MAY**	
Beetroot avocado sandwich White		√ Wheat								√			**MAY**	
Beetroot avocado sandwich Granary		√ Wheat Barley								√			**MAY**	
JACKET POTATOES														
Cheese Jacket pot							√ Butter Cheese		√					
Beans Jacket pot							√ Butter		√					
DISHES	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Ham Jacket Pot							√ Butter		√					
Coleslaw Jacket Pot				√			√ Butter		√					
SIDES														
Garlic Bread		√ Wheat					√ Butter					**MAY**		
Cheesy Garlic Bread		√ Wheat					√ Butter Cheese					**MAY**		
coleslaw				√					√					
KIDS MENU														
Kids Sausage & chips													√	√
Kids Sausage & mash		**MAY** Wheat		**MAY**									√	√
Kids Vegan Sausage & chips														
Kids Chicken Goujons & chips		√ Wheat												
Kids Chicken Goujons & mash		√ Wheat		**MAY**	√									
Kids Fish Fingers and chips		√ Wheat			√		√							
Kids Fish Fingers and mash		√ Wheat		**MAY**	√		√							