



## PARC Y BOCS

Farm Shop & Cafe

Food is served 9.30am until 3.30pm (Mon - Sat) • 10am until 2.30pm (Sunday)

## BREAKFAST PLATES

### CLASSIC BREAKFAST £9.95

Sausage, bacon, egg, hash browns, mushrooms, half tomato, beans & toast (GF option)

### XL BREAKFAST £10.95

Double sausage, double bacon, double egg, hash browns, mushrooms, half tomato, beans & toast (GF option)

### VEGGIE BREAKFAST £9.95

Veggie sausage, hash browns, mushrooms, half tomato, smashed avocado, beans & toast (VG/GF option)

### BREAKFAST ROLL £4.75

Toasted brioche roll with bacon, sausage or vegan sausage. Add 2 x hash browns (£2 extra), or make it a fully loaded roll with bacon, sausage and egg for £5.95. (VG/GF option)

### GUACAMOLE & POACHED EGGS £7.95

Sliced granary toast covered in guacamole topped with two poached eggs.

### TOAST £2.50

2x slices served with butter and jam or marmalade (GF option)

### TOASTED TEACAKE £3.00

## CHILDREN'S MENU

Children's meals are served with a choice of beans or peas, chips or mash, and a carton of orange, apple or mixed berries juice\*

### SAUSAGE x2 £6.50 (vegan option available)

### FISH FINGERS x3 £6.50

### CHICKEN BITES x3 £6.50

### MINI CHEESE & TOMATO PIZZA £6.50

### CHILD'S PASTA OF THE DAY £6.50

### CHILDREN'S SANDWICHES £3.50

Cheese or ham, served with crisps on the side.

\* Drink carton not included with children's sandwiches

## CHEF'S SPECIALS

Please see our specials boards for our daily specials and soup of the day!

## SIDE ORDERS

SEASONED FRIES £3.50

GARLIC BREAD £2.95

CHEESY GARLIC BREAD £3.50

COLESLAW £1.50

BREAD & BUTTER £1

## SELF SERVICE DRINKS

### COLD DRINKS STATION

Help yourself to a selection of soft drinks.

### HOT DRINKS

Order at the counter.

## SANDWICHES & WRAPS

### PREPARED SANDWICHES/WRAPS

Selection of delicious fillings available to pick up from the fridge.

### SOUP & SANDWICH COMBO

Pick up a sandwich and add a takeaway cup of soup for just £2.50 extra.

## SALADS

### PREPARED SALADS

Please see our self-service fridge for today's options

## JACKET POTATOES

### CLASSIC JACKET £4.95

### ADD ONS £1.50 each

Welsh cheddar (vegan alternative available), beans (VG), tuna mayo, ham (GF), slaw.

ALLERGEN INFORMATION



Please advise your server of any special dietary requirements, including intolerances and allergies. For allergen information please scan the QR code, or please ask a member of staff who will gladly provide you with our list of allergens.

All our seasonable vegetables and salads come from our kitchen gardens whenever possible. Our dishes come with chef's garnish, which may vary (a combination of oils and herbs).



## SWEET TREATS

We have a selection of cakes situated at the cafe bar. They include vegan and gluten-free options. We also have a selection of desserts in the restaurant display fridge and on our specials boards.

## DRINKS MENU

### SOFT DRINKS

- Coca Cola £2
- Diet Coke £2
- Coke Zero £2

#### Cawstons

- Rhubarb £2
- Apple £2
- Elderflower £2
- Ginger Beer £2

#### San Pellegrino

- Blood orange £2
- Lemon £2
- Grapefruit £2

#### Water

- Still or sparkling £1.55

#### Juice

- Orange, apple or cranberry £2

### HOT DRINKS

#### Americano £3.50

Double shot of espresso, topped with hot water, black with side of hot milk

#### Cappuccino £3.70

Double shot of espresso, with foamy, steamed milk

#### Flat white £3.70

Double shot of espresso, equal amounts of silky, steamed milk

#### Café latte £3.70

Single shot of espresso, topped with silky, steamed milk

#### Mocha £3.70

Single shot of espresso, topped with hot chocolate

#### Espresso £3

Double shot espresso

#### Iced Latte £3.70

Single shot of espresso, topped with cold milk, ice.

Decaffeinated available.

#### Hot Chocolate £3.90

#### Hot Chocolate Deluxe £4.90

#### Syrups 85p

Caramel, cinnamon, hazelnut, vanilla, chai, salted caramel. Sugar free syrups available.

#### Milk Alternatives 50p

Soya, almond, oat

#### Welsh Brew tea £2.95

#### Decaffeinated tea £2.95

#### Earl Grey £2.95

#### Herbal teas £2.95

Peppermint, green tea, super fruit, chamomile, lemon & ginger

### CHILDREN'S DRINKS

Apple, orange or fruits of the forest carton £2

Strawberry or chocolate milkshake £2

Squash £1.50

### ALCOHOLIC DRINKS

#### Single shot of spirit £4.25

Brecon gin, Bombay Sapphire gin, Bacardi, Penderyn whisky, Jack Daniel's, Brecon vodka, Tanners port

### MIXERS

Tonic/soda water £2.50

Coke/Diet Coke £2.20

Apple, Orange, Cranberry Juice £2

### WINE

By the 187ml bottle

#### White wine

Jack Rabbit Pinot Grigio 12% £4.75

Sauvignon Blanc 13% £4.75

Chardonnay £4.75

#### Red wine

Jack Rabbit

Merlot 13% £4.75

Shiraz 12.5% £4.75

#### Rosé

White Zinfandel 10.5% £4.75

### WINE

By the 75cl bottle

#### White wine

Jack Rabbit Chardonnay 11% £18.50

Jack Rabbit Pinot Grigio 12% £17.50

#### Red wine

La Cabanne Reserve

Grenache/ Syrah 13.5% £17.50

Campo Viejo Rioja 13.5% £18.50

#### Rosé

Jack Rabbit White Zinfandel (USA) 11% £18.00

### BEER & CIDER

Stella Artois (£4.75) 330ml 4.8%

Peroni (£4.75) 330ml 5%

Gower Lighthouse (£5.95) 500ml 4.5%

Gower Gold Ale (£5.95) 500ml 4.5%

Gower Power Ale (£5.95) 500ml 5.5%

Gwynt y Ddraig Cider (£5.95) 500ml 6.5%